JJI-R - ATHLETIC GUIDELINES

CAPE ELIZABETH ATHLETICS

LEVELS OF COMPETITION DEFINITIONS

High School Varsity

- High level skill
- Dedicated player
- Very competitive
- Tournament driven
- No entitlement to play
- Cuts may be based on numbers, skill level, other attributes
- Role model/mentor for younger players

Junior Varsity

- Transition from Middle School/Freshman teams
- Greater emphasis on development, strategy
- May include 9-12 graders, feeder to varsity level
- Cut policy dependent on numbers, playing time not equal

First Team

- Transition to high school expectations
- Opportunity to try new sport; may include upperclassmen
- Emphasis on athletic skill development and personal growth
- Expectation to play, numbers to determine teams in each sport
- No cut policy within parameters of maximum per team

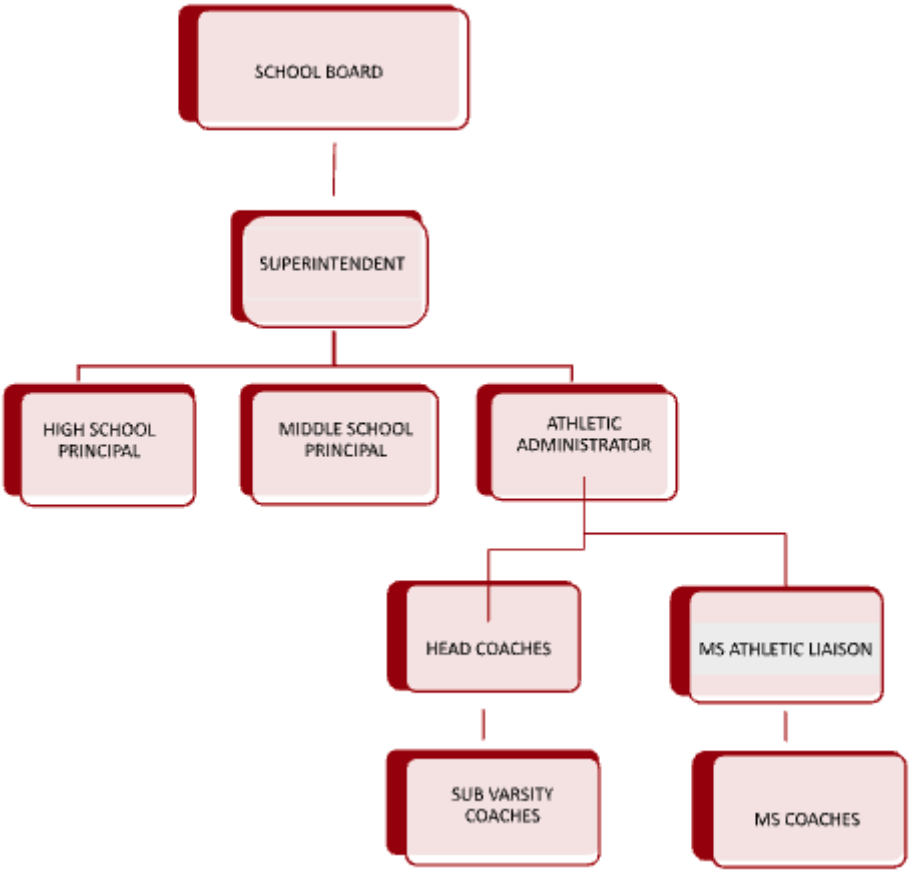
Middle School

- Opportunity to represent school and try new sports
- No cut policy within parameters of maximum per team

- All athletes entitled to play according to league and/or team guidelines
- Development of athletic skills and personal attributes stressed over competition

The Cape Elizabeth School Board believes in the importance of the chain of accountability with regard to all of its programs. The intent should always be to handle conflict and concerns at the source or lowest possible level first. If issues are not resolved, individuals or groups should seek assistance from the next higher level. The flow chart below depicts the organizational structure of the athletic department:

ATHLETIC DEPARTMENT FLOW CHART



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